

New Milton & District Community Association



NEWSLETTER

Address: Osborne Road, New Milton, Hampshire, BH25 6EA
Telephones: Reception 01425 610495; Office 01425 620987

Registered charity No. 301897

MAY, 2018

Sections And Activities

Art

Ballroom Dancing

Bowls

Bridge

Canasta

Chess

Come Dancing

Craft

Cribbage

Darts

Discussion Group

Fabric Crafts

Jubilee Singers

Languages

Line Dancing

Literature

Lunch Club

Mah Jong

Mens Get Together

NM & District

Camera Club

Pianists

Poetry

Rummikub

Scrabble

Sequence Dancing

*Social Sequence
Dancing*

Table Tennis

FROM YOUR EDITOR

What a very soggy and dismal Easter! I suppose when we get one cold and rainy day after another people can be forgiven for saying "I'm off!" and departing for the generally wall-to-wall sunshine of Spain, Florida or Australia. But most of us are made of sterner stuff, aren't we, and optimistically wait for the sun to come out and warm our bones (as it did when I was preparing this issue). Let's hope it does for our two Spring Holidays this month, so remember that the **Centre will be closed on Mondays 7th and 28th May.**

A reminder that our AGM is to be held at 7 p.m. on Friday, **8th June.** Ahead of that date you are requested to cast your vote on who you would like to see on the Executive Committee for the forthcoming year. Management of the Centre is in your hands so **please pick up a nomination form from Reception and hand it in there, preferably by 15th May or a.s.a.p.** Do come along to the meeting and show your support to the Executive Committee which works so hard behind the scenes to keep the Centre going successfully. It is, of course, also an opportunity

for you to put forward any complaints, criticisms or concerns which you may have.

Lunch Club: All who take part will surely enjoy the monthly menus and appreciate the efforts of Jean Gales and her helpers. Since the meals are prepared at the Centre, the New Forest District Council carries out a mandatory food safety and hygiene check from time to time, and it is a pleasure to report that the March visit resulted in a top (Number Five) rating. Congratulations to all concerned.

While mentioning food, I'm sure many of us support the occasional farmers' market held in town on a Saturday morning. Did you know, however, that at the Everton Nurseries (on the road to Lymington) a farmers' market takes place on the first Saturday of every month? Fresh fish, cheeses and meats, vegetables and cakes all on offer. Worth a try!

Calling All Carers! Recently I gave a two-part very amateurish talk to our local Carers' Support Group, and it occurred to me that some of you might not know that

Website: <http://www.newmiltoncommunity.org.uk>

Email: info@newmiltoncommunity.org.uk

such a group exists here. It is a friendly and very informal gathering, providing a couple of hours to ease the stress, socialise and share the trials and tribulations of being a carer.

They meet from 2 to 4 p.m. on the second Monday of each month at the Quaker Meeting House on Whitefield Road, enjoy the occasional outing and regular speakers. For information contact Maggie on 614714 or just pop in to see if its something which will interest you.

In November special events and commemorative services will be held throughout the country to observe 100 years since WW1 ended. Last month a group from the British Legion local branch visited the battlegrounds and war graves in France, and an interesting account of their emotive, thought-provoking trip can be found on page 9. As plans are put in place, over the coming months we will learn what will happen **here** in November.

I haven't played piano very much lately, the rather painful arthritic fingers being my excuse. However, a particular circumstance has made me determined to persevere as long as I can, despite all the fumbings and wrong notes!

My younger sister was taken into care on, of all days, Mothering Sunday and, due to her increasing heart-

related problems, she must remain there. With all her worldly goods now going under the hammer she was anxious that I should accept and care for her cherished piano - a lovely instrument which, as it was hers, I have been pleased to receive safely after a long journey from her home in Essex, Hence the incentive to practice!

My own piano I have been pleased to donate to the Community Centre and see it taking up a hopefully useful place in the Common Room.

Phyllis Inglis

FROM THE ACTING CHAIRMAN

I was delighted to be invited to join the Art section to celebrate their President's Day when Jan Wells, who has been a member of the section and Centre for 48 years (making her their longest serving member), was appointed their first President. A specially-made trophy will serve as the President's Cup, to be presented each year to the winner of the best picture, as voted by group members. The section's Past Chairman attended and all had very glowing stories to tell about Jan and how she had helped everyone over the years. A very enjoyable afternoon.

I am sure many of you will remember John Chambers, a very loyal, long-serving receptionist and member of

the Bowls section who died last October. John's family presented the Centre with a Cup in his memory and the Bowls group is in the throes of a knock-out competition for the award.

In June this year I will have been Acting Chairman for six months (how the time rolls by!) and, with the AGM looming large and nobody coming forward to take my place we are going to be in a sorry position.

The Centre has always prided itself on being volunteer-led, but you must all be aware of our difficulty in recruiting volunteers, particularly for principle roles such as Chairman and Centre Coordinator. As you will see in the summary of the Executive Committee minutes, this problem has been constantly discussed to no avail and, therefore, a proposal has been put forward to take on a **paid** part-time Centre Manager to oversee day-to-day operation of the Centre. I personally believe this would bring more stability to the Executive and the Centre as a whole. As this is such an important issue in that it deviates from our normal "volunteers only" system, the committee is taking longer to consider it. However, a decision will definitely have to be made at our May meeting in preparation for the AGM.

We have attracted more new members so far this year than we have for several years past, and taken part in a number of town events. We are also adding to our affiliates list and have more hirers coming forward. This is all good for the Centre and its progress, but in order to help us continue in this way we do need **your** support. I am, therefore, asking you to use the forms in Reception to nominate members you would like to see on the Exec. Committee members to take us through a successful year ahead.

Marie Morgan

FROM THE EXECUTIVE

The April meeting was dominated by the subject of committee vacancies. The Centre has struggled to attract volunteers over recent years and, again, no-one has come forward to fill the roles of Chairman and Building Maintenance Coordinator. As a result, the Acting Chairman and Treasurer have been unfairly over-burdened.

A presentation was made proposing **introduction of a part-time Centre Manager on a paid basis**, incorporating the role of Maintenance Coordinator which would take off some of the pressure. It was suggested that this new post be subject to a trial period since there would be changes to the way things are organised as well as our income and expenditure

mode. Committee members asked for more time to consider the matter with a definite decision to be taken at the May Exec. meeting.

Preparation for the AGM was discussed along with our financial position, maintenance reports, lettings, new Data Protection requirements, and the need to encourage more members to Gift Aid their subscriptions.

Table cloths and decorations will be introduced for our Saturday coffee mornings in the Lounge. It is hoped that it will make the room more colourful and welcoming.

Colin Bower

Minutes Secretary

FROM THE MEMBERSHIP SEC.

Your name, address, contact and payment details need to be held, so the benefits of being a member are only available to paid-up members of the Association - extra payments being required to cover the expenses and cost of the room when you attend. Affiliated groups and other room hirers set their own membership requirements, and that does not normally call for Association membership. The main way in which this is recorded is via the attendance sheets which also serve as evacuation check sheets in case of an emergency. It is important, therefore, to register that you

have safely left the building during an evacuation procedure before leaving the assembly area. Do you know where this is? If not, please ask **beforehand** as everyone will be busy during the confusion of an actual emergency.

Nigel King

FROM THE WEBMASTER

A copy of this Newsletter can be downloaded from the website home page; just click on the small image of a Newsletter about a third of the way down on the right hand side of the page.

The problem with any printed material (the Newsletter included) is that it cannot include changes made after the copy deadline (18th of the month for the Newsletter). An advantage of the website is that it **can** include changes, but I do need to be informed of them. I try to have the website changed on the same day that I learn of any changes, but it does require those in the know to pass details on to me. If there are any updates/changes/corrections needed please contact me.

Nigel King

ROOM BOOKINGS

I need to draw your attention to the fact that, whilst every effort is made to keep them to a minimum, we must reserve the right to change room bookings when

operational reasons make them necessary.

**Chris Lynott
Lettings Officer**

FILM SHOW

Sunday, **27th May**, 2 p.m. for 2.30 start. “The Zookeeper’s Wife” is a biography, drama and history set in the Warsaw Zoo in 1939 which helped many people and animals during the Occupation. £2.50 includes tea/coffee.

John Fogerty

DANCING HOLIDAY

Mayfair Hotel, Bournemouth **16th to 21st December**. Something to anticipate. Details from Dee on 627922.

FRIDAY SPECIAL

The initial Friday Cake Day was a great success and it is hoped that the one held last month was equally so. Another will take place 10 to 11.30 a.m. on **18th May**, with a further date planned for June.

PUZZLES AND BOOKS

Stocks for sale are getting very low so any that you have spare will be welcomed in Reception.

DATA PROTECTION GROUP (GDPR) 2018)

We have to advise that new regulations come into force on 25th May. We currently comply with existing laws and **must** comply with GDPR. The Act provides a clear set of rules to protect “personal data”. What we currently hold is a member’s name and contact details but nothing of a “sensitive” nature. The GDPR applies to both automated personal data (computers) and to manual filing systems. Additional information will be published, both in the Centre and on our website.

The main points of the 300+ pages of the Act are that all data is:

1. Used lawfully
2. Collected for legitimate purposes
3. Accurate and up to date
4. Kept only for the time required
5. Kept securely to prevent unlawful access
6. Accessible to the Data subject

7. Kept and used with the Data subject’s consent

Consent: A tick box is not sufficient and consent must be explicit and informed.

The consequence of GDPR implementation is that **if a member is unwilling to give consent we cannot hold their name or contact details. Membership is therefore, not possible as we will have no way of verifying a member. You are required, therefore, to complete the consent form below and hand in at Reception.** This legal requirement will be an ongoing exercise.

GIFT AID

What is it and how does it work for us? It is a valuable concession to charities whereby tax paid on qualifying monies given can be reclaimed. We can reclaim the tax paid on your joining fee (62P) and the annual renewal (£2).

You can sign up if you pay income tax. Some members don’t sign up saying they don’t pay tax, but you can do so even if you have

GDPR FORM OF CONSENT

I DO/DO NOT consent to New Milton & District Community Association holding the personal data I have provided for the purposes of running the charity, provided NMDCA complies with the GDPR regulations. Further information will be held in the UK and used for NMDCA purposes only.

Print Name..... Postcode.....

Signature.....

paid less than £3.

You pay no tax on an ISA **but** should you have a savings account, old privatisation shares or unit trusts, some tax will have been deducted. When you next receive any paperwork have a look and if it says "tax paid" then think of us. The money we get costs you nothing and will help meet some of our expenses.

You can collect a Gift Aid form from Reception.

POLICE SURGERY

New Venue

Please note that until further notice you will find this at a Police van on Station Road rather than the Town Hall, to coincide with market day. This month - Wednesday, **30th May**, at 10.30 a.m.

TOWN HAPPENINGS

You will no doubt have seen that **Beatons Tearooms/Bookshop** has opened on Station Road where the Hearing & Mobility Centre closed some months ago. A little further down the street we have **Specsavers**. **House of Hair** is in business next to Nobel's, and the **Bake** café has extended into the ex-hairdressing salon next door.

Whilst it is certainly preferable to see shops open rather than lying empty (and we surely don't want another charity shop or estate agents) we are rather overwhelmed with opticians, hairdressers and coffee shops! Wouldn't

it be nice to attract something different into the town?

Nevertheless, let us wish them all well and support their ventures.

NM DEMENTIA ACTION GROUP

The Community Allotments site has re-opened on Becton Lane, Tuesday, 10 a.m. till 1 p.m. and Thursday 1 to 4 p.m. Whether you wish to dig the dirt, sow a seed or help supervise, all are welcome to join in or take advantage of the covered seating area to just observe. Volunteers will be on site at all times but anyone having dementia will need to be accompanied by a carer.

Just pop along or visit the following for more details - Susan Wiffen, 07884 300641, suechef@live.co.uk; Sue Batt, 07882 229640, suebatt@outlook.com.

CARELINE

Apologies to anyone who tried to make telephone contact following up on last month's article. The number was unfortunately quoted from an out-of-date leaflet. The correct number to call is 02380 285 523 or go to appletree.careline@nfdc.gov.uk

News from the Sections & Activities

BALLROOM/LATIN/SOME SEQUENCE

Contact: Pam Badcock,

01202 980177

Our AGM was held in March as I was due to be away. I wish to thank Keith Day, Joyce Kynaston and Shirley Slater who stood down after many years of service for their hard work supporting us. I welcome David and Christine Barnett who were voted onto the committee.

We celebrated the Diamond Wedding anniversary of Janet and Bernard Spencer which I'm told was a splendid evening. We all wish them well for the future.

Don't forget that if you cannot join us on a Thursday evening there is also a Monday afternoon dance. It doesn't include sequence dances but whatever you choose to keep dancing.

BOWLS

Contact: Secretary Janet Keats, 614996

The John Chambers Memorial Cup competition has started with 32 members taking part. Run as a singles competition, we are hoping to complete by the AGM so that the winner can be presented with the Cup at that time.

The AGM will take place at 12.15 p.m. on Wednesday, **9th May**.

Good news from Hoburne Bashley on continuation of skittles. Both lanes will be retained so we have booked to play and a single-course meal on Thursday **29th November**. Further details to follow.

We have approached Milford On Sea Bowling Club for a weekly outdoor session and are awaiting a starting date. Details will be posted on our notice board when known.

BRIDGE

Contact: Christopher Fradd, 614605

In last month's Newsletter I reported results of the Saturday Social Bridge afternoons held in February and March. Results for April are not available as this edition goes to press. This month's Social Bridge will be on **19th May**. Doors will be open at 1 p.m. for a 1.30 start, so do try to come early so that we can begin promptly.

Unfortunately we shall miss two Monday Chicago bridge sessions because of the Spring Holidays on 7th and 28th.

Our section AGM will take place at 1 p.m. on Monday, **21st May**. To encourage attendance it will, as has been our

custom for some years, be followed by a free session of Chicago bridge.

It is with great sadness that I have to report the recent death of David Davies, a former Chairman of our section, who had been in poor health for some time.

COME DANCING

Contact: June, 07791 336446

At our AGM six committee members agreed to continue for another year. They are June Curran (Secretary), Patrick Curran (Treasurer), Delia Mains-Smith (Duty Rosters), Mel Porter, Bob Smith and Carole Smith. **Four** committee members resigned and need to be replaced - James Brown (Chairman), Julia Brown (Membership), Fred Byatt and Jim Ayling. The position of Vice Chairman also remains vacant.

Unfortunately, to date nobody has come forward or shown any interest in joining the committee, which means that those of us who already have our organisational responsibilities will have to try and juggle the additional duties of Chairman and Membership Secretary. This is unfair and cannot continue! Everyone likes to come along and enjoy the evenings of dancing and socialising but apparently nobody is prepared to join the committee and help with the duties which enable the

section to function. The more committee members we have, the more the workload can be shared - and, of course, new members bring fresh ideas to the table. Please do give careful consideration on whether you are in a position to give a little of your time and help. **Without a full committee our section could be in danger of folding.**

Saturday dances have now ended for the summer, due to start up again in September. A very big "thank you" to Jim Ayling who took over the responsibility for these dances following Eric's departure from the committee. Eric first started the Saturday dances back in 2000 as a one-off dance to celebrate the millennium!

The Spring Dance on **15th May** gives us an opportunity to welcome-in the season and look forward, hopefully, to some summer sunshine. Tickets are on sale at £3 for section members, £3.50 for Centre members and visitors. Dress code smart/formal. Do please come and join us.

DISCUSSION GROUP

Contacts: Bob Dowling, 838523; Colin Bower, 613254

At our April meeting we welcomed two new members making 14 in all - the largest number we've had so far. We looked briefly at the

news since we last met including the printing of our new blue passports, before

moving on to the three questions agreed at our March meeting. The group's collective answer on whether a cashless and chequeless society is inevitable can be found on the Centre's website. Do have a look.

At our next meeting, 2 p.m. Tuesday, **8th May**, these questions will be discussed:-

1. Could reducing the number of university places, by cancelling unnecessary courses, enable us to revert to grants?
2. How can we stop selling the "family silver"? (GKN etc.)
3. What IS the "British way of life"?
4. Should the use of the Foreign Aid budget be reviewed?

If you have views on these topics and/or you would like to hear what others have to say, we would love to see you.

JUBILEE SINGERS

Contact: Liz Northcote, 621519

It is with much sadness that we have to report the loss of a long-standing member of the choir. Loyal and reliable Jackie

had been with us for more than 17 years, and died very suddenly, which was a great shock to us all. At her family's request, 15 members of the choir sang "Let There Be Peace" at her funeral.

On a happier note, our summer concerts take place on Saturday, **12th May** and Wednesday, **23rd May**. Only one Saturday this year due to the Royal Wedding and FA Cup Final. We have quite a few soloists and duets, and rehearsals are going very well. Tickets are on sale from choir members and Reception; £6 for adults, £3 for children. We are most grateful to all in Reception for agreeing to help us.

LANGUAGES

Spanish - May

Contact: Ann Humphries
ana_humphries@hotmail.com

Conversation: 10 a.m. for one hour

Beginners: 11.15 a.m. for one hour

Mondays 14th, 21st
(half-term 28th May to 1st June)

Improvers: 10 a.m. for one hour

Beginners: 11.15 a.m. for one hour

Fridays 4th, 11th, 18th, 25th.
(half-term 28th May to 1st June)

German - May

Contact: Susanne Platt,
612680
susanneplatt@talktalk.net

Improvers: Tuesdays 10 to 11 a.m.

Beginners: Tuesdays 11.30 a.m. to 12.30 p.m.

Have you got the beginnings (or more) of German and would like to extend your knowledge of the language? Why not come for a free taster session to find out more. You will be made very welcome.

POETRY

Contact: Shirley Burke,
628992

The next meeting will be at 10.30 a.m. on Thursday, **17th May**, in Room 1, when the topic will be "Loneliness/Happiness". It should be easy to find poems to read as many poets seem to be at their most productive when they are sad. Let us hope there are plenty of happy ones too! Above all, we hope those attending will leave feeling uplifted and perhaps inspired

If you think you might enjoy a light approach to poetry do come and visit us to see if the group is for you. New members always welcome.

SOCIAL SEQUENCE

DANCING

Contact: Dee, 627922

We are advised that exercise, socialising and taxing one's brains are three of the most important activities to maintain our longevity. Sequence Dancing covers all of these so, as well as enjoying ourselves every

Thursday afternoon, we are doing ourselves good. It is such a friendly and welcoming group. Ladies and gents are all very good at noticing when someone needs a partner so no-one misses a dance for long. Several of our ladies are also adept at taking the lead as a "gent". Our music presenters have worked hard to create an enjoyable programme to suit all abilities, so thanks to them and to those who are on door duty. Great value - £2 for two hours of dancing, and better than sitting at home on a cold or wet afternoon.

We have recently been very pleased to welcome two new couples and hope they will continue to join us on a regular basis.

Our thanks go to all the volunteers who manned the door and presented music during April whilst Dave and I took an extended break. Their dedication is very much appreciated. Also, many thanks to Sue who kindly undertook the task of updating the Newsletter to ensure that Social Sequence Dancing was highlighted.

TABLE TENNIS

Contact: Secretary Gloria Lovelock, 613705
Writing this early in the

morning to get out into the heat we are supposed to have today! Hmm!

Thanks to the 31 members who attended our 39th AGM and for all the lively feedback which helps us to improve the section. Thanks to all the committee for agreeing to serve for another year, and a warm welcome to Neil Holdsworth who has kindly offered to join the committee. Minutes will be posted a.s.a.p.

Motto of the month:

A true friend is someone who thinks you are a good egg even though they know you are slightly cracked. **Glo**

News from the Affiliates

CAMEO - LADIES GROUP

Contact: Secretary Margaret Sheldrake, 628675

dsheldrake@talktalk.net

Our recent talk by Paul Sturgess was on the Habitats of Owls and other wild creatures connected with them, covering development of nest boxes so that they can continue to breed and live in the Dorset countryside. Last year was very successful but, with the bad and lengthy winter we've been having, Paul is unsure just how many of the chicks will survive. Owls also have to contend with other animals, including buzzards, which go for the chicks. It was a most enjoyable evening and we hope to invite Paul back again to give another of his talks.

For our **2nd May** meeting we have Janet Turner on "Out Of My

Butterfly Mind"; on **6th June** Sandra Simmons will tell us about "A Day In Iran As A Housewife"; on **4th July** the speaker will be Terri Robinson on "Canal History". Please note that we have no meeting in August.

We meet at 10 a.m. at the Community Centre on the first Wednesday of the month (except August), always happy to welcome new members (for visitors there is a charge of £3). Call me for further information.

MILTON HERITAGE SOC.

Contact: Chairman Nick Saunders, 618549

We now have 110 members and enjoyed a very successful opening season of talks covering the extensive restoration of Eling Tide Mill, the early inhabitants of Hampshire and archeological finds in the Forest, history of the A&T, Bradbeers and the Ashley Clinton Estate.

We are in the process of putting together our speakers' programme for the year which will include a talk on the New Forest Players (now in their 90th year) and a history of the 12 airfields of the New Forest in WW2. A workshop will also take place on how to research your family history.

We have had the opportunity to visit the National Archive at Kew to carry out research and to work with the New Forest National Parks community archeology team. We are linked to the Lymington & District Historical Society which is arranging a field trip to Wilton House and Gardens on **6th June**. **There are still just one or two spaces available** on the coach if Centre members would like to take part.

Anyone interested in joining our Society (£12 p.a.) should contact

Membership Secretary Steve West on 619958, or email him at secretary@miltonheritagesociety.co.uk.

NM MACULAR SUPPORT GROUP

Contact: Malcolm Swan, 618925

2 p.m. Monday, **14th May** at the Community Centre. Meet Lucia - Vocalist and Entertainer.

NEW MILTON TOWNSWOMEN'S GUILD

Contact: Mrs. J. Litten, 617052

Our next meeting will be at 2 p.m. on Monday, **21st May**, when the speaker will be from award-winning Lisa's Larder. Visitors welcome. Please call me for further information.

PHOENIX HOLIDAY GROUP

Contact: Pat KcKean, 278669; phoenixhols highcliffe@aol.com

Holidays - now booking - 10th-15th June: Imperial Hotel, Barnstaple. Half board; one free day. £455.

7th-10th September: A Taste of the West Midlands. 4-star hotel in Stourport. A step back in time to include Bletchley Park, Coventry, Worcester, Black Country Museum, Severn Valley Steam Railway, etc. £3490 (ss £45).

18th-22nd November: Belmont Hotel, Sidmouth. Half board, daily outings. £425, sea view £445. First booking 11th May in Highcliffe.

Outings - Now booking - 20th June: Gardens at Mottisfont for the roses. £18.50 (+£11 non-NT members). Balances due.

8th August: Guide Dog National Breeding Centre.

£29.75 inc.

October: Sussex Tour for autumn colours. Date to be fixed.

Future Outings: Details to come.

Note that all outings provide a lunch location (cost not included). £1 extra for Non-Phoenix members.

Our next meeting in Highcliffe will be 2.30 p.m. Friday, **11th May**, at Greystones Hall, Waterford Road. An open meeting at the Community Centre is being planned for June, date to be finalised.

ROYAL BRITISH LEGION

Contact: Secretary Phyllis Inglis, 615069

Last month a party of 14 New Milton branch members plus friends visited the **Somme battlefield** with our excellent guide and local historian Nick Saunders.

Arriving in France we were on our way to Auchonvilliers (or Ocean Villas, as the troops used to call it!). Nick gave a brief overview of the Battle of the Somme (1st July to 18th November, 1916) as well as the founding of the Commonwealth War Graves Commission. Anyone travelling around the area cannot help but be astonished by the number of cemeteries and the care with which they are maintained by the CWGC. We learned about the Pals Battalions in Sheffield Memorial Park before moving on to the sunken lane, Serre Road, where a cross was laid for **Pte Albert Sque of Bashley** who was killed in action on 1st July.

Our final visit of the day was to the truly inspiring Thiepval Memorial, a monument to the missing - soldiers who were killed but have no known grave. Here we laid crosses for **Pte Wilfred Forward and Pte David**

Kitcher, both of New Milton. A wreath was also laid in memory of the many thousands of lives lost whose names were inscribed on the walls.

Next day we visited the Air Services Memorial in Arras where we learnt about and laid a cross for **Capt. Jack Cooper of Ossemsley Manor.** We then stopped at Bucquoy Cemetery to see the grave of Pte Standing Buffalo who served in the Canadian Army. He was the grandson of Chief Sitting Bull of Battle of Little Bighorn fame. We then moved on to Newfoundland Memorial Park, named after the Newfoundland Regiment who fought there. We were able to see the trench lines of both sides and could fully understand why so many lives were lost in the area. We also visited Lochnagar Crater - an enormous depression caused by 60,000 lbs. of explosive, the result of tunnelling and mining. It is a war grave in its own right.

The Battle of the Somme was very much a Commonwealth affair. We had already seen Canadian graves and heard of the action of the Newfoundlanders, so our next visit was to Pozieres where there is an Australian cemetery and a tank memorial because it was near here that tanks were used for the first time in September, 1916. We finished the day back in Arras visiting the Wellington caves beneath the town, and saw the impressive work of the New Zealand miners. Before returning home we went to Vimy Ridge, site of a Canadian Army victory against German forces in 1917. Here, in addition to the magnificent memorial, there are well-preserved trenches and tunnels. The most surprising fact, however, was just how close to each other were the front lines - in some places only 100 metres.

In all of the locations visited Nick gave us detailed and interesting

information about unit and individual actions, bringing to life the events of all those years ago. The three days really brought home quite clearly what a huge debt we owe to those brave men who fought for us in the Great War of 1914-18.

Our visit was extremely interesting but also an emotional and sobering time.

Ron Back, Chairman

Stories

A woman, beaten black and blue, visits the doctor saying "Every time my husband comes home drunk he beats me to a pulp. What can I do?" The doctor said "I have a good cure for that. When your husband is drunk just take a glass of sweet tea and keep swishing it in your mouth. Don't swallow it until he goes to sleep." Two weeks later the woman goes to the doctor looking fresh and reborn, saying "That was a brilliant idea. I did exactly as you said and he didn't touch me, but how does the tea do that?" The doctor replied "The tea does nothing at all, it's keeping your mouth shut that does the trick!"

Glo

From a Pensioners'

Association Magazine

A farmer was visited by a Dept. of Employment

representative who said he was suspected of not paying proper wages to his employees. What were their names and the wages paid to them? The farmer said "Well, my farmhand is paid £200 a week plus free room and board. My housekeeper gets £150 a week plus free room and board. And then of course there's the half-wit! He works 18 hours a day, does 90% of the work, makes about £10 a week and pays his own room and board. I buy him a bottle of whiskey once a month and he occasionally gets to sleep with my wife". The DOE representative said "Ah, that's the man I want to talk to - the half-wit". "That would be me", replied the farmer.

A Different Aspect on Ageing!

Enjoy the ride - there is no return ticket!

The only time in our lives when we want to grow old is when we're kids. If you're less than ten you're so excited at the prospect that you think in fractions. "How old are you?" "I'm four and a half", or "I'm nearly five". Then you get into your teens and jump a number or two. "How old are you?" "I'll soon be sixteen!". And then comes the great day in your life - you are 21. Yesss! But before you know it you **turn** 30. Oh, what happened there? Makes you sound like bad milk! Before you know it you're **pushing** 40, **reaching** 50,

making 60, **hitting** 70, and life becomes a day-by-thing. Then a strange thing happens and when you reach 90 you become a kid again - "I'm 90 and a half!"

How to stay young.....

1. Throw out nonessential numbers like age and weight.
2. Keep cheerful friends around you; moaners pull you down.
3. Keep on learning. Never let the brain stay idle, for an idle brain is the Devil's workshop and the Devil's name is Alzheimer.
4. Enjoy simple things and laugh often, long and loud.
5. Tears happen. Endure grief and move on.
6. Surround yourself with all that you love, family, friends, pets, music. Your home is your own refuge.
7. Cherish your health. If it's good preserve it; if it's unstable improve it or get help.
8. At every opportunity tell the people you love that you **do** love them. Life is not measured by the number of breaths we take but by moments that take our breath away.

Life's journey is not to arrive at the grave in a well-preserved body but to slide in worn out and used up, shouting "What a ride!"

"TASTER" VOUCHER

This voucher entitles you to attend one of our in-house sessions or activities for the first time - free of charge - to see if it will interest you

Please note that it CANNOT be used for affiliate and "outside hirer" activities

TRY SOMETHING NEW!

This Newsletter and our website give details of the days and times when the sessions and activities take place

What's On in May

Regular Hirers

Contact the Hirer if you wish to join

Hirer	Session	Day	May
Bashley W.I.	A	Fri	11.
Brockenhurst Yoga	E	Tues	1,8,15,22.
C & NF Nat.Trust	E	Wed	-----
CAMEO Ladies	M	Wed	2.
Doohan Yoga	E	Thurs	3,10,17,31.
EXTEND	M	Thurs	3,10,17,24.
Hort. Society	E	Wed	16.
Mandela Book Grp	E	Mon	21.
Martial Arts	M	Sat	5,12,19,26.
Michelle's Slim. World	E	Wed	2,9,16,23,30.
NF Quilts Group	E	Mon	14.
Purely Pilates	M	Mon	-----
Purely Pilates	E	Thurs	-----
RAF Association	M	Tues	1,15.
Seq. Dance	A	Tues	1,8,15,22,29.
Tangent Yoga	E	Thurs	3,10,17,24,31.
Townswomen's Guild	A	Mon	21.
U3A Family History	M	Mon	-----
U3A Local History	M	Wed	2.
U3A Singing	A	Mon	21.
U3A World History	M	Thurs	31.
Weight Watches	M	Sat	5,12,19,26.
Wool Etc	A	Thurs	17.

Affiliated Organisations

Bashley Forest W.I.	Mrs. M. Wallace	629042
Brockenhurst College	Mrs. R. Clark	01590 625222
CAMEO - Ladies' Group	Mrs. M. Sheldrake	628675
C'church & NF National Trust Ass.	Mrs. S. Moreton	610590
Extend	Mrs. D. Steer	610756
Hamilton Townsend	Mr. D. Jenkins	01202 765404
HOPE	Mrs. J. Kane	629009
Milton Heritage Society	Mr. N. Saunders	618549
Modern & Social Sequence Dancing	Mr. R.J. Gillies	07582 969111
Neighbourcare New Milton	Mr. D. Whittington	291273
New Forest Mencap	Mrs. A. Page	621893
New Forest Organ Society	Mrs. P. Heath	611438
New Forest Players	Mr. C. Rigden	629451
New Forest Quilt Group	Mrs. J.A. Davies	620680
New Milton Healing Group	Mrs. A. Townend	619933
NM Health Centre (Spencer Road)	Mrs. C. Olsen	621188
New Milton Horticultural Society	Mrs. M. Sheldrake	628675
NM Macular Support Group	Mr. M. Swan	618925
New Milton Memorial Centre	Mr. Clive Rigden	629451
New Milton Quakers	Mrs. R. Wells	614279
New Milton Residents' Association	Mrs. P.C. Inglis	615069
New Milton Talking Newspaper	Mr. A. Singfield	616361
New Milton Town Partnership	Mr. J. Evans	610943
New Milton Townswomen's Guild	Mrs. J. Litten	617052
Open Sight	Mrs. P. Batchelor	627460
Phoenix Holiday Group (Highcliffe)	Mrs. P. McKean	278669
Purely Pilates	Mrs. C. Lillington	07738 484255
R.A.F. Association	Eileen	
Royal British Legion NM Branch	Mrs. P. Inglis	615069
R.N.L.I.	Mrs. A. Goulding	616106
Slimming World (Wednesday)	Michelle Walker	07795 275633
Sullivan Lawford	Aoron Lawford	200668
Tai Chi Qigong	Mr. M. Common	07973 639348
The Art Society New Milton	Mr. P. Ronan	638200
U3A New Milton	Mrs. R. Agar	610192
Wool Etc	Mrs. J. Daniel	01590 670625

INDEPENDENT TRUSTEES:

Miss W. Maund

Mr. G.F. Denson

Mr. R.G. Ferguson

TRUSTEES/EXECUTIVE COMMITTEE:

President	Phyllis Inglis	615069	pres@newmiltoncommunity.org.uk
Acting Chairman	Marie Morgan	501315	chair@newmiltoncommunity.org.uk
Vice Chairman	Marie Morgan	501315	vchair@newmiltoncommunity.org.uk
Treasurer	John Revill	627973	finance@newmiltoncommunity.org.uk
Secretary/Newsletter Editor	Phyllis Inglis	615069	news@newmiltoncommunity.org.uk
Membership Secretary	Nigel King	620895	memsec@newmiltoncommunity.org.uk
Lettings Officer	Chris Lynott	—	lettings@newmiltoncommunity.org.uk
Publicity Manager	Alan Watson	07771 754025	publicity@newmiltoncommunity.org.uk
Catering Manager	Betty McNie	639482	(no email)
Reception Manager	Brian Barton	628058	reception@newmiltoncommunity.org.uk
Social Team	Pamela Badcock	01202 980177	social@newmiltoncommunity.org.uk
Webmaster	Nigel King	620895	webmaster@newmiltoncommunity.org.uk
	Geoff Tilston		geoffbg@hotmail.com.

Non-Committee:

Minutes Secretary/Clerk to the Exec. Committee -

Colin Bower		613254	minsec@newmiltoncommunity.org.uk
Maintenance	Richard Ferguson	612612	
Technical Officer	Richard Ferguson	612612	technical@newmiltoncommunity.org.uk
Health & Safety Officer	Rob Stevens		healthsafety@newmiltoncommunity.org.uk

What's On in May Regular Events

Section /Activities	Time	Day	May	Section /Activities	Time	Day	May
Art	2:00 PM	Wed	2,9,16,23,30.	French Improvers	12:00 PM	Mon	14,21.
Ballroom Dancing	2:00 PM	Mon	14,21.	French Intermediate	9:55 AM	Mon	14,21.
Ballroom Dancing	7:30 PM	Thurs	3,10,17,24,31.	German Beginners	11:30 AM	Tues	1,8,15,22.
Beading	7:00 PM	Wed	2,9,16,23,30.	German Improvers	10:00 AM	Tues	1,8,15,22.
Beading	9:45 AM	Thurs	3,10,17,24,31.	Italian - Beginners	2:00 PM	Fri	4,11,18,25.
Bowling	6:30 PM	Mon	14,21.	Italian - Improvers +	10:00 AM	Fri	4,11,18,25.
Bowling	9:45 AM	Tues	1,8,15,22,29.	Italian - Improvers +	11:15 AM	Fri	4,11,18,25.
Bowling	9:45 AM	Wed	2,9,16,23,30.	Italian - Manuela	11:30 AM	Thurs	3,10,17,24,31.
Bowling	9:45 AM	Thurs	3,10,17,24,31.	Line Dancing	12:15 PM	Fri	4,11,18,25.
Bowling	9:45 AM	Fri	4,11,18,25.	Literature Group	2:00 PM	Wed	-----
Bowling	6:30 PM	Fri	4,11,18,25.	Luncheon Club	12:00 PM	Thurs	17.
Bridge Chicago	1:30 PM	Mon	14,21.	Mah-Jong	1:30 PM	Fri	4,11,18,25.
Bridge Cut in	1:30 PM	Tues	1,8,15,22,29.	Mens Get Together	10:00 AM	Thurs	3,31.
Bridge Partner	1:30 PM	Wed	2,9,16,23,30.	Piano	10:45 AM	Mon	14,21.
Bridge Duplicate	1:30 PM	Wed	2,9,16,23,30.	Poetry	10:30 AM	Thurs	17.
Bridge Practice	1:30 PM	Thurs	3,10,17,24,31.	Rummikub	10:00 AM	Wed	9,23.
Bridge Cut in	1:30 PM	Fri	4,11,18,25.	Saturday Dancing	7:30 PM	Sat	19.
Bridge Chicago	1:30 PM	Sat	19.	Scrabble	1:30 PM	Mon	14,21.
Canasta	1:30 PM	Thurs	3,10,17,24,31.	Soc Seq Dancing	1:45 PM	Thurs	3,10,17,24,31.
Chess	1:30 PM	Thurs	3,10,17,24,31.	Spanish Conversation	10:00 AM	Mon	14,21.
Choir	2:00 PM	Wed	2,9,16,23,30.	Spanish Beginners	11:15 AM	Mon	14,21.
Come Dancing	7:30 PM	Tues	1,8,15,22,29.	Spanish Beginners	11:15 AM	Fri	4,11,18,25.
Craft	10:00 AM	Wed	9,23.	Spanish Improvers	10:00 AM	Fri	4,11,18,25.
Cribbage	2:00 PM	Tues	1,8,15,22,29.	Spanish Circle	7:30 PM	Tues	8.
Darts	2:00 PM	Mon	14,21.	Table Tennis	7:00 PM	Mon	14,21.
Darts	2:00 PM	Tues	1,8,15,22,29.	Table Tennis	10:00 AM	Tues	1,8,15,22,29.
Discussion Group	2:00 PM	Tues	8.	Table Tennis	7:00 PM	Wed	2,9,16,23,30.
Fabric Craft	2:00 PM	Thurs	10,24.	Table Tennis	2:00 PM	Thurs	3,10,17,24,31.
Film Show	2:30 PM	Sun	27.	Table Tennis	10:00 AM	Fri	4,11,18,25.

NEED HELP?

The following have been recommended by members. **Inclusion does not indicate endorsement by the Association.**

FERGUSONS ELECTRICIANS

Specialising in small electrical repairs/replacements/maintenance. Age Concern approved. Fully insured. Richard Ferguson, LCGI,IFL. 31 Barton Court Road, New Milton, BH25 6NW. 01425 612612/07910 176376.

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FRUSTRATED BY COMPUTERS?

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GILES TATHAM, RFHP, SACDip., FHP

Qualified foot health professional. Nail cutting, callus, corns, diabetic foot care. Full treatment or nail-cutting only. Appointments in the comfort of your own home. For enquiries and appointments call 01425 839313.

PAINTER & DECORATOR

Andy Scrutton. Prompt, reliable service. No job too small. Call 01425 276973/07526 542040

PLUMBING & PROPERTY MAINTENANCE

Contact Guy Callway, 34 Barton Court Road, New Milton, BH25 6NR. 01425 620858/07890 172151

Editor's Contact Details: Mrs. Phyllis Inglis, 7 Chessel House, Fernhill Lane, New Milton, BH25 5WR, 01425 615069. pcinglis8@gmail.com. **Copy deadline date is 18th of the preceding month (a week earlier in December for the January edition).** The Editor reserves the right to adapt/summarise any contributions received.